

# THE BALLINCOLLIG PARISHIONER

150 Years



St. Mary & St. John  
Station Road

Sunday 07-June-2015

The Body And Blood Of Christ  
(Corpus Christi)

*The sacrifice of Christ re-united us with Christ, once for all.  
Every time we celebrate the Lord's Supper and receive his  
body and blood then through him our union with God is  
renewed.*



Christ Our Light  
Innishmore

## *The Feast of the Body and Blood of Christ*

There is a Hill near Cape Town in South Africa, just below the famous Table Mountain, every day at noon a gun is fired from that mountain. The firing of the gun once served a special purpose. The gun fire signalled that a ship on its way to or from India had arrived in the harbour with a cargo of goods and was in need of food and fresh water. An exchange resulted and there was giving and receiving.

That was a long time ago, the purpose no longer exists. Most local people ignore the firing of the gun, visitors are told not to worry to ignore it when they hear the big bang, however most local people know the story behind it.

The Eucharist celebrates a wonderful event – the gift Jesus made of his life on our behalf. Every time we celebrate the Eucharist we remember Jesus and tell the story again. Like any event that is repeated there is a danger that routine takes over.

In the Eucharist Jesus gives us himself as the Bread of life, this is a two way street we are asked to give something in return, not to Him but to others. The Eucharist is at the heart of our faith and can never be separated from the washing of the feet by Jesus.

For the Hebrews, remembering is more than recalling. It is the making present to each generation the saving events of the life, death and resurrection of Christ. May communion with Jesus help us to be in communion with others.

*George O'Mahony*

## **Reflection for Parents**

How many meals do we prepare not knowing exactly who will eat them? As the dynamics of our families change, there may be a few more or a few less at each meal. Sometimes we invite friends or neighbours at the last minute to join us for dinner, or our children may ask if "Johnny can stay for dinner!" We can be creative stretching a meal to feed a few more or have some really great leftovers for the next day's lunch! However they turn out, our meals are opportunities for sharing love--by our efforts in preparation, with those who gather at the table, and the conversation we share as we eat. Mealtime is important for all families, and we need to make every effort to help them become sacred moments of the day. Today as we celebrate the feast of Corpus Christi, we give thanks for the gift of the Eucharist which unites us to the body of Christ.

## PRAYERS OF THE FAITHFUL

### **Priest**

Gathered in love around the table of the Lord, we lay before him our own needs and the needs of the community.

### **Reader**

For the Church: that it may be a sign of unity and an instrument of peace in a world torn asunder by war and divisions.

**Lord, Hear us,  
Lord, graciously hear us.**

For government leaders: that God may grant them the gifts of unity, love, and peace.

**Lord, Hear us,  
Lord, graciously hear us.**

For the sick, the lonely, and the unloved: that in their pain they may know God's comforting.

**Lord, Hear us,  
Lord, graciously hear us.**

For this congregation: that as we meet around the Lord's Table, he may strengthen our unity and deepen our faith.

**Lord, Hear us,  
Lord, graciously hear us.**

For our departed relatives and friends, who partook of the Eucharist: That they may now enjoy the banquet of eternal life in heaven.

**Lord, Hear us,  
Lord, graciously hear us.**

For a moment, we remember in silence our own particular needs.

**Lord, Hear us,  
Lord, graciously hear us.**

### **Priest**

Heavenly Father, may our celebration of Christ's farewell meal of love mould us into a caring community. We ask this through the same Christ our Lord. Amen.

*The cup of salvation I will raise; I will call on the Lord's name.*

Visit Our Website: [www.ballincolligparish.ie](http://www.ballincolligparish.ie) or Facebook [www.facebook.com/BallincolligParish](http://www.facebook.com/BallincolligParish)

READINGS FOR THE WEEK

Tenth Week In Ordinary Time

07 Sunday Ex. 24:3-8. Ps. 115. Heb. 9: 11-15. Mk. 14: 12-16. 22:26. Lect 1:622

08 Monday 2 Cor 1:1-7. Ps 33. Mt 5:1-12. Lect II: 124

09 Tuesday Rom 12:1-2, 9-13 or 2 Cor 5:14-21. Ps 33. Mt 19:27-29

10 Wednesday 2 Cor 3:4-11. Ps 98. Mt 5:17-19. Lect II: 128

11 Thursday Acts 11:21-26, 13:1-3. Ps 97. Mt 10:7-13. Lect II:1058

12 Friday Hos 11: 1, 3-4, 8-9. Ps. Is. 12. Eph. 3:8-12, 14- 19. In. 19:31-37. Lect I: 631

13 Saturday 2 Cor 5:14-21. Ps 102. Mt 5:33-37. Lect II: 134

Next Sunday's Readings 14/June/2015

Ezek 17:22-24. Ps 91:2-3, 13-16, R/ cf. v. 2 Cor 5:6-10. Mk 4:26-34. Lect I: 763

**THE SUNDAY READINGS**

First Reading Exodus 24:3-8

Moses seals the Covenant between Israel and God with the blood of a sacrifice.

Second Reading Hebrews 9:11-15

The old covenant of atoning for sins with the blood of sacrificed animals is compared to the new Covenant of atoning for sins for all time with the blood of Jesus - the perfect sacrifice.

Gospel Mark 14:12-16,22-26

Jesus instructs two of his disciples to go into the city to prepare the group's Passover meal. The disciples find everything just as he predicted. There, Jesus shares his Last Supper, which becomes our Eucharist feast.

**Over 60's Talent Competition**

The final of the over 60's Talent competition will be held at the Cork City Hall on Sunday June 7<sup>th</sup> at 8pm. This is the 39<sup>th</sup> year of the event. Proceeds to the Irish Heart Foundation. Tickets €15 on sale at Pro Musica Oliver Plunkett St & Blackpool Shopping Centre.

**CROWLEY**

**FUNERAL DIRECTORS**

Bóthar Saclay, Ballincollig, Co. Cork  
Tel: 021-4874777 Mobile: 087-2759254

Email: [michaelfd@eircom.net](mailto:michaelfd@eircom.net)  
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† IN SYMPATHY †

**PLEASE PRAY FOR THE FAMILY AND FRIENDS OF THE RECENTLY DECEASED :**

Philomena Collins, West Village.  
Michael Hegarty, Rosewood.  
Danny Murphy, Ovens.  
Barry Murphy, Kealkill.

**PLEASE PRAY FOR THE REPOSE OF THE SOULS OF THE FOLLOWING WHOSE ANNIVERSARY OCCURS OR OTHERWISE REMEMBERED:**

Martin O'Leary, Fairhill.  
Finbar Dalton, West Village.  
Pat O'Connor, Inniscarra.  
Ellen Ryan, Waterfall.  
Kathleen Doyle, Westcourt.  
Jim Gahan, Parknamore.  
Pat & Noreen McCarthy, Castlepark.  
Ann Smyth, Carrigdena  
Marta Moloney, Mayo/Florida  
William & Catherine Ryan, St. Anthony's Villas  
Nellie Keohane, Carrigdena  
Frances O'Connell, Turner's Cross.  
Donal Deasy, Carrigdena  
William Walsh, Galway  
John Barry, Bishopstown  
Jerry Murphy, West Village/Greenfields  
Jean Kearney, Muskerry Estate.  
Finbarr O'Brien, Firiars Walk  
Con O'Regan, Curraheen/Bishopstown

***Troubled by someone else's drinking?***

Try Al-anon.

Local Meetings S V de P Centre Station Road  
Thursdays 8.30 pm. Phone: 087 6651707.

**Ballincollig Tidy Towns**

Ballincollig is simply the best.

Please help us keep it better than all the rest. Adjudication for the National Tidy Towns Competition is now underway for 2015. Our town could be judged today, tomorrow or on any day to mid-July. Therefore we appeal to all persons in Ballincollig and doing business in Ballincollig to please be aware that all efforts made to improve the appearance of the town.

**Student's Prayer Card (Ballincollig)**

As I begin to study for the exams I face  
I ask you Lord for the courage and grace  
to meet this challenge and do my best  
to stay calm and focused during the test.

This prayer I make to you today,  
help me Lord and with me stay.

**Mass will be Celebrated**

in  
St. James's Cemetery Chetwyd  
on  
Wednesday 17th June, 2015 at 7.30 p.m.

**FESTIVAL**

This past week the word FESTIVAL was foremost in our minds for the Belle of Ballincollig. The letters that make up this word have a very significant meaning for modern day life in relation to DEPRESSION and possible SUICIDE, please observe the following!

- F**eeling - depressed, sad, anxious or bored.
  - E**nergy - tired, fatigued everything an effort, slowed movements.
  - S**leep - waking during the night or too early in the morning, oversleeping or trouble getting to sleep.
  - T**hinking - slow thinking, poor concentration, forgetful or indecisive.
  - I**nterest - loss of interest in food, work, sex and life seems dull.
  - V**alue - reduced sense of self-worth, low self-esteem or guilt.
  - A**ches - headaches, chest or other pains without a physical basis.
  - L**ive - not wanting to live, suicidal thoughts or thinking of death.
- More information on above can be viewed on AWARE website, [www.aware.ie](http://www.aware.ie)
- Advice is:** - If five or more of these symptoms are present for more than two weeks, it is likely that a depressive episode is occurring, please seek immediate help.

**Dromleigh N.S. Kilmichael** will mark its 175th Anniversary with a Book Launch, Historical and Photographic display and Entertainment during the weekend, June 13th – 14th. Concelebrated Mass and Ceremonies in the school at 11a.m.on June 13th. School also open Sun from 2p.m. All welcome.

**Missionary Sisters of St. Columban.**

Sisters Eileen Rabbite & Mary McHugh who visited our parish last weekend, wish to sincerely thank all parishioners for their wonderful support and financial contribution to their mission.

**Children's Corner**

**A Prayer to say...**

Thank you, Jesus that you came to share God's love with us. Help us to share that love in all we do each day. Amen

**In the Gospel today...**

Jesus and his friends were sharing a special meal. While they were eating, Jesus took some bread and thanked God for it. Then he shared it with his friends, saying that it was his body. Jesus also shared wine with them and told them it was his blood.

**Bulletin Board**

**Examination Time**

We ask for your continuing support and prayers for our students as they prepare for their Leaving and Junior Certificate Examinations. May they be successful in their efforts.

The next Baptism preparation will take place on **Saturday June 20<sup>th</sup> at 12.00 noon** in the **Annex, Community Hall, Station Road**. The presentation lasts for approximately forty minutes. The following questions are addressed, What is Baptism? What are the symbols used in the Sacrament of Baptism? How can the family become involved in the ceremony? Parents might book the baptism a few weeks in advance to give ample time to take part in the preparation.

**Coeliacs**

Please let the celebrants of Mass know if you need to receive a coeliac host at Holy Communion. Generally the priest has the coeliac communion in this parish.

**Mass Diaries**

Mass Diaries to book Mass intentions for July, August & September will open in both churches on Saturday June 13th at 9.00am

Priority will be given to those booking 1st Anniversary Mass.

**Fr. George**

**90th Eucharist Procession**

**Sunday 7th June**

- 2.30pm – Participants start assembling at North Cathedral
  - 3.00pm – Procession leaves North Cathedral
  - 2.45pm – Religious Ceremony begins in Daunt's Square.
- Guest Preacher: Archbishop Kieran O'Reilly, SMA  
Archbishop of Cashel & Emlly
- Master of Ceremonies: Monsignor Gearoid Dullea  
St. Patrick's College Maynooth.

**Holy Land Pilgrimages**

Do you dream of walking in Jesus "footsteps"? Visiting Bethlehem, and Jerusalem, Galilee by boat, swim in the Dead Sea, Baptism in River Jordan and more.

Pilgrimage October 2015

For further details contact Lar Cunningham 087 6823989  
Or email [cunningham46@gmail.com](mailto:cunningham46@gmail.com)

**Prayer for Strength**

Every day I need you, Lord, but today especially, I need some extra strength to face whatever is to come.

This day, more than any other day, I need to feel you near me to strengthen my courage and to overcome my fear.

By myself I cannot meet the challenge of the hour. We are frail human creatures and we need a Higher Power to sustain us in all that life may bring.

And so, dear Lord, hold my trembling hand. Be with me, Lord, this day and stretch out your powerful arm to help me. May your love be upon me as I place all my hope in you. Amen.

*Blessed Pope John XXIII*

**MINISTERS OF THE WORD**

Jun/13 & Jun/14/2015

**St. Mary & St. John**

**Christ Our Light**

**6:00 pm (Vigil)**

Aine Sheehan  
Michael Collins

**8:30 am**

John Healy  
Kerry O'Leary

**10:00 am**

Lauree Hegarty  
Mary O'Driscoll

**12:00 Noon**

Oliver O'Donovan  
Niamh Heelan

**7:30 pm (Vigil)**

Pauline Collins  
Morgan Smith

**11:00 am**

Jack Dorgan  
Harry O'Brien

**12:30 pm**

Adaugu Ebili  
Caterina Nugent

**5:30 pm**

Kevin & Colm Tuohy

**MASS TIMES**

**St. Mary & St. John**

**Christ Our Light**

8:30 am, 10 am & 12 noon

**Sunday**

11 am, 12:30 pm & 5:30 pm

9:30 am

**Monday**

8:30 am

9:30 am

**Tuesday**

8:30 am

9:30 am

**Wednesday**

8:30 am

9:30 am

**Thursday**

8:30 am

9:30 am

**Friday**

8:30 am

10:00 am & 6 pm (Vigil)

**Saturday**

7:30 pm (Vigil)

**CONFESSIONS**

After 10:00 am Mass &  
before 6:00 pm Mass

**Saturday**

**BAPTISMS**

4:30 pm

**Saturday**

4:30 pm

Except First Saturday of  
Month

First Saturday of Month

12:45 pm

**Sunday**

**PARISH CLERGY**

Priest on Duty  
Fr. George O'Mahony P.P.  
Fr. Dave O'Connell C.C.  
Fr. James McSweeney

087-2479140  
021-4871206  
021-4876171 or frdaveoconnell@gmail.com  
021-4873308

**Funeral Pastoral Team Rota**

Week 8th Jun to 14th Jun

Laurence Cunningham

Virginia Harrington

**Social / Coffee Mornings**

Continue every Friday morning in parish house "Sonas"  
on Station Road at 10 am.

Everyone welcome as it is an ideal opportunity to get  
and know people from our community.

**MINISTERS OF THE EUCHARIST**

Jun/13 & Jun/14/2015

**St. Mary & St. John**

**Christ Our Light**

**6.00 pm** Michael Maher  
Bernadette Bell  
Betty Casey  
Frank Riordan  
Siobhan Riordan  
Pauline Quane

**7:30 pm** Geraldine Lynch  
Charlie Vaughan  
Joan Stephenson  
Bernie Bowen

**8:30 am** Mary Buckley  
Theresa Lucey  
Mary B. Murphy

**11:00 am** Neil Jeffers  
Eileen O'Donoghue  
Bridie Hanrahan  
Padraig Fleming /  
Imelda Power  
Hugh & Catherine Moran

**10:00 am** Cathy Horgan  
Betty Flavin  
Anne Spillane  
Betty Sheehan  
Ann O'Connell  
Con O'Connell

**12:30 pm** Denis O' Mahony  
Christine O'Mahony  
Tom Murray  
John O'Regan  
Gerard Dunne

**12 Noon** Seamus O'Donovan  
Eleanor Knowles  
Catherine Greene  
Joan Barrett  
Frances Hogan

**5:30 pm** Bernard Curran  
John Canty

**Experiencing Grief and Loss**

At some point in life, everyone loses someone they feel especially close to - a parent, a spouse, a child, a dear friend. Over the past few weeks I have touched very briefly on the different stages of grief that one may experience following the death of a loved one or any other significant 'loss' in one's life. When a loved one dies, we also lose the part of our lifestyle that included the deceased. So while we are grieving for our loved one, we are also grieving for the parts of our life that will never be the same. Some people try to avoid the pain of grieving by keeping busy. While some people prefer to grieve in private, others find talking and sharing their feelings with someone is helpful. The stress of grief can take its toll on your mind and body, so continuing to meet your emotional and physical needs is important. Initially, it is common to experience a lack of concentration and changes in eating and sleeping patterns. This usually resolves itself after a while. If possible, try to maintain a normal routine. Keep up your regular activities, getting enough sleep or at least enough rest. Maintain a healthy, balanced diet. Be patient with yourself, it will take time and some days will be easier than others. Healing happens gradually; it can't be forced or hurried. "God of healing, you guided me in the past; give me the strength to meet each day with hope".

(A repeat of the series over the next few weeks of the articles presented by Sr. Colette during 2009)