

THE BALLINCOLLIG PARISHIONER



St. Mary & St. John
Station Road

Sunday 22-June-2014

The Body and Blood of Christ
(Corpus Christi)

*The sacrifice of Christ re-united us with Christ, once for all.
Every time we celebrate the Lord's Supper and receive his
body and blood then through him our union with God is
renewed.*



Christ Our Light
Innishmore

Corpus Christi - The Body and Blood of Christ

The feast of Corpus Christi puts the focus on the Eucharist and especially the unifying power of the Eucharist. St Paul says "that we are like grains of wheat that have been brought together to form one loaf."

The Eucharist celebrates and strengthens our unity in Christ. The Eucharist "the bread of life" is prefigured many times in the Bible. The book of Exodus relates that a nomadic people as they were guided by Moses from slavery, were suffering from starvation, thirst and had lost confidence in their leader. However the arrival of the Manna not only fed them and gave them strength but also revived their confidence in Moses. Similarly the widows' generosity in the book of Kings 17; 7 in baking a scone for the stranger with her final portion of flour, refreshed Elijah the prophet and also renewed the widow's trust in God. The gospel of Mark 6; 30 speaks of a dejected people, like sheep without a shepherd and Jesus took pity on them and decided to feed them.

To the leper whose body was falling apart he offered the only bread that mattered to him, the bread of physical healing.

To the lonely woman at Jacob's well he offered the bread of human kindness and satisfied her hunger for acceptance

To the sinners he offered the bread of forgiveness.

To the man on the cross dying, he offered the bread of reconciliation with God.

The bread of the Eucharist brings us together and invites us to bring the power and presence of God to people.

George O'Mahony

Reflection for Parents

Many times we prepare our children for the "big" events in their lives forgetting how much of life takes place in the ordinary moments. For example, first Holy Communion is often how families choose to dress their children and celebrate after Mass. The really important message of this Gospel reading, however, is how joyful and thankful are we when we receive our one hundredth or one thousandth communion. Our goal might be to help our children continue to be thankful and joyful each time they receive Holy Communion. This can happen when they see how happy we are to receive communion ourselves.

PRAYERS OF THE FAITHFUL

Priest

As one body, we pray to the living Father who gives life to the world.

Reader

For Christians: that the celebration of the Eucharist may form them into a community of love.

**Lord, Hear us,
Lord, graciously hear us.**

For all government leaders: that they may spare no efforts to ensure that all of God's children have enough to eat.

**Lord, Hear us,
Lord, graciously hear us.**

For the lonely, who are hungering for the bread of companionship; and the sick who are hungering for the bread of health.

**Lord, Hear us,
Lord, graciously hear us.**

For each other: that we may hunger for a life of goodness and holiness.

**Lord, Hear us,
Lord, graciously hear us.**

For all here present may grow more perfectly into the Body of Christ.

**Lord, Hear us,
Lord, graciously hear us.**

For a moment, we remember in silence our own particular needs.

**Lord, Hear us,
Lord, graciously hear us.**

Priest

Father may the food we eat at this banquet make us strong, and bind us in unity and peace. We ask this through the same Christ your Son our Lord. Amen.

O praise the Lord, Jerusalem!

Visit Our Website: www.ballincolligparish.ie or Facebook www.facebook.com/BallincolligParish

BAPTISMS

WE WELCOME TO OUR COMMUNITY ALL THOSE WHO WERE BAPTISED RECENTLY :

Charlotte Leona Dalebogek, Highfield Park.
 Faye Ella Murphy, Mossgrove, Classes Lake.
 Ethan William O'Mahony, An Caislean Grove.
 Cathal Jeremiah Lynch, Waterfall.
 Maximilian Marcin Pelka, Shamrock Drive.

† IN SYMPATHY †

PLEASE PRAY FOR THE FAMILY AND FRIENDS OF THE RECENTLY DECEASED :

Margaret Mary Molloy, Willow Drive.
 Joan Daly, Ballyburden.
 Mary Coveney, Kilmichael.
 Mary O'Donovan, Bandon.
 Kathleen Noonan, Enniskeane.

PLEASE PRAY FOR THE REPOSE OF THE SOULS OF THE FOLLOWING WHOSE ANNIVERSARY OCCURS OR OTHERWISE REMEMBERED:

Tim Hassett, Station Road.
 Kate Callanan, Youghal,
 Finbarr Dalton, Flynn's Cross.
 John Houlihan, Togher.
 John & Mary Ann Finn, Ballyduff.
 Jim & Kathleen Doyle, Westcourt.
 Barbara Lynch, Glasheen.
 Elizabeth Dennis, Newcastle West.
 Mary Nyhan, Coolroe Heights.
 Barry Kelly, The Crescent.
 Con & Mary Kelly, Kilmichael.
 Patrick & Margaret O'Mahony, Clash.
 Letty Lankford, Bishopstown.
 Kathleen & Robert Cuthbert, Douglas.
 John, Margaret and Eugene Moloney, Donegal.
 Patrick & Josephine Murphy, McCurtain Villas.
 Dan, Hannah & Ellen Dempsey, Leemount.
 Nonie Bracken, Kanturk.
 Ned & Eily Hogan, Bandon.
 Liam & Edward Scully, Castlematyr.

READINGS FOR THE WEEK

Twelfth Week In Ordinary Time

22 Sunday Deut. 8:2-3, 14-16. Ps. 147. 1 Cor. 10:16-17. Jn. 6:51-58. Lect I: 617
 23 Monday 2 Kgs 17:5-8, 13-15, 18. Ps. 59. Mt. 7:1-5. Lect II: 601
 24 Tuesday Is. 49: 1-6. Ps. 138. Acts 13:22-26. Lk. 1:57-66, 80. Lect I: 976 or Lect II: 1073
 25 Wednesday 2 Kgs 22:8-13,23:1-3. Ps. 118. Mt. 7:21-29. Lect II: 606
 26 Thursday 2 Kgs 24:8-17. Ps 78. Mt 7:2 1-29. Lect II: 608
 27 Friday Deut. 7:6-11. Ps. 102. 1 In. 4:1-16. Mt. 11: 25-30. Lect I: 628
 28 Saturday Jam. 2:2.10-14, 18-19. Ps. 73. Mt. 8:5-17. Lect II: 613

Next Sunday's Readings 29/June/2014

Acts 12:1-11. Ps. 33.2 Tim. 4:6-8, 17-18. Mt. 16: 13-19. Lect I: 981 or Lect II: 1082

Pieta House

The Centre for the Prevention of Self-Harm or Suicide

T: 6010000 | **A:** Lucan Road, Lucan, Co. Dublin
E: mary@pieta.ie | **W:** www.pieta.ie

Pieta House opened its doors in Lucan in January 2006. It provides one-to-one counseling for people who have tried to take their life, those who are thinking about it, and those who self-harm, This solution focused approach takes the person in crisis, out of crisis.

Suicide: We work to move the suicidal person away from ideas of suicide as quickly as possible.

Self-Harm: Self-harm is seen as a way of expressing an incredibly strong pent-up emotion; it is an act of survival.

Our ground-breaking approach can involve daily therapy sessions if needed.

Our service is completely free of charge.

Fr. Mathew Commemoration

The third annual commemoration in honour of Fr. Mathew will be held in St. Joseph's Cemetery, Tory Top Road. on June 24th at 7.30 p.m.

Prayers will be led by Fr. Colin Doocey.

There will be refreshments afterwards in Togher Community Centre. Everyone is welcome to this lovely event which is organised by Cork Pioneers.

'Those whom we love and lose are no longer where they were before.
 They are now wherever we are.'
 St. John Chrysostom

CROWLEY

FUNERAL DIRECTORS

Bóthar Saclay, Ballincollig, Co. Cork
Tel: 021-4874777 **Mobile:** 087-2759254
Email: michaelfd@eircom.net
www.crowleyfuneraldirectors.ie
 Complete Funeral Arrangements
 24 Hour Service Embalming Service
 Member I.A.F.D.
 Golden Charter Funeral
 Pre-Planning Available

THE SUNDAY READINGS

First Reading: Deuteronomy 8:2-3, 14-16
 Moses reminded the people that for forty years God tested them in the desert. The Lord let them be hungry and fed them manna, showing that God's people do not live by bread alone.

Second Reading: 1 Corinthians 10:16-17
 By sharing in the Eucharistic bread, Christians, though many, are one body in Christ.

Gospel: John: 6:51-58
 As much as Jesus' listeners didn't understand how Jesus could really mean that they were to eat his body and drink his blood, Jesus made it very clear that that was precisely what he did mean. Once again, it was hard for the people of Jesus' day (and still hard for us today, too) to understand what Jesus tried to say because they only thought in earthly, literal terms. This Gospel passage gives us one of our firm foundations for the institution of the Eucharist so that, in faith, we will eat the bread that will give us everlasting life.

Cancer Risks, Did you know?

- ◆ Ireland has among the highest skin cancer rates in Europe.
- ◆ Two-thirds of Irish people have a higher risk of developing Skin Cancer because of their skin type.
- ◆ 90% of all skin cancers are preventable
- ◆ Damage to the skin by the sun is permanent. In later life this can lead to skin cancer.
- ◆ For the majority of the population, 10-15 minutes daily exposure of the face and hands to the sun and adequate diet provides a sufficient level of vitamin D.
- ◆ Skin damage is caused by exposure to ultraviolet rays, which are strongest from 11 am to 3 pm.
- ◆ The number of skin cancer cases is rising every year.

Data courtesy of Irish Cancer Foundation

Diabetes Ireland

Diabetes affects 1 in 3 families in Ireland with the growth of Type 2 diabetes in particular considered an epidemic by the World Health Organisation and we work to support and meet the needs of the diabetes community nationwide.

Diabetes Ireland invites you to hop on your bicycle this June 21 (Limerick) or June 22 (Dublin) and cycle to Change Diabetes. Distance options of 25km family fun cycle, 60km route & 100km route available on each day. Full details at www.diabetes.ie or lo-call 1850 909 909

'O God, you have given so much to me; give me one thing more, a grateful heart'. George Herbert

Sharing the Faith with the Next Generation

A one day conference with Bishop Frank J. Caggiano from Bridgeport, Connecticut at Clongowes Wood College, on Friday 4th July from 9:00am to 4:30pm - conference repeated on Saturday 5th July at same venue, same times. Buses available from St Patrick's Church, Lower Road.

Full details from Mairin 087 7950325

Bulletin Board

Mass Diaries

Mass Diaries are now open in both churches to book Mass intentions for July, August & September. Priority will be given to those booking 1st Anniversary Mass.

Baptism Preparation

The next Baptism preparation will take place on Saturday 28th June, 2014 at 12.00 noon in the Library Room, Community Hall, Station Road. The presentation lasts for approximately forty minutes. The following questions are addressed, What is Baptism? What are the symbols used in the Sacrament of Baptism? How can the family become involved in the ceremony? Parents might book the baptism a few weeks in advance to give ample time to take part in the preparation.

Special Collection

Ballincollig Parishioner & Mass Missalette
 An EXIT COLLECTION will be taken up after all Masses this weekend 21st & 22nd June. Your Contribution will help towards the purchasing of the Mass Missalette and the printing costs of The Parishioner.

Peter's Pence Collection

The annual Peter's Pence collection will be taken up at all Masses next weekend.

Coeliac Host

Coeliac Host available at all Masses in both churches. Generally the Priest celebrating the Mass has the Coeliac Host. To help the Celebrant you might please let him know before the Mass.

Fr. George

A prayer to Christ the Healer

In the comfort of your love
 I pour out to you my saviour,
 The memories that haunt me,
 The anxieties that perplex me,
 The fears that stifle me,
 The sickness that prevails upon me,
 And the frustration of all the pain that weaves about within me.
 Lord help me to see your peace in my turmoil,
 Your compassion in my sorrow,
 Your forgiveness in my weakness,
 And your love in my need.
 Touch me, O Lord, with your healing power
 and strength. Amen.

".Seek and you will find." Matthew 7:7.

1 Peter

Every Wednesday night for 5 weeks
 At Sonas House Ballincollig
 In an informal, fun and friendly environment.
 Starting 28th May 2014 @7:30 - 9:15PM
 Contact Ger @ 085 1555000
 Or Mary @ 086 4044473

MINISTERS OF THE WORD

Jun/28 & Jun/29/2014

St. Mary & St. John

Christ Our Light

6:00 pm (Vigil)
Sandra Walsh
Brayden Peck
8:30 am
John Healy
Kerry O'Leary
10:00 am
Rory Horgan
Kate Greene
12:00 Noon
John Dorgan
Noella Ngenwie!Roisin Crewe

7:30 pm (Vigil)
Nonyi Ebili
Jennifer Nyagaya
11:00 am
Chide Ebili
Kristian Calvert
12:30 pm
Aisling Dore
Clara Herdman
5:30 pm
Siobhan Keane-Hopcraft

MASS TIMES

St. Mary & St. John

Christ Our Light

8:30 am, 10 am & 12 noon	Sunday	11 am, 12:30 pm & 5:30 pm
9:30 am	Monday	8:30 am
9:30 am	Tuesday	8:30 am
9:30 am	Wednesday	8:30 am
9:30 am	Thursday	8:30 am
9:30 am	Friday	8:30 am
10:00 am & 6 pm (Vigil)	Saturday	7:30 pm (Vigil)

CONFESSIONS

After 10:00 am Mass & before 6:00 pm Mass **Saturday**

BAPTISMS

4:30 pm Except First Saturday of Month	Saturday	4:30 pm First Saturday of Month
12:45 pm	Sunday	

PARISH CLERGY

Priest on Duty	087-2479140
Fr. George O'Mahony P.P.	021-4871206
Fr. Dave O'Connell C.C.	021-4876171 or frdaveoconnell@gmail.com
Fr. James McSweeney	021-4873308

Funeral Pastoral Team Rota

Week 23rd June to 29th June

Laurence Cunningham
Virginia Harrington

Social / Coffee Mornings

Continue every Friday morning in parish house "Sonas" on Station Road at 10 am.

Everyone welcome as it is an ideal opportunity to get and know people from our community.

Sacred Heart Novena

Sacred Heart Church, Western Road
Daily 10.00am & 8.00pm.

The Bible should fill the memory, rule the heart, and guide the feet. The Bible is meant not to inform, but to transform. Men do not reject the Bible because it contradicts itself but because it contradicts them.

MINISTERS OF THE EUCHARIST

Jun/28 & Jun/29/2014

St. Mary & St. John

Christ Our Light

6.00 pm Eileen Murphy
Ted Nelligan
Eileen Corkery
Maurice Bunyan
Sheila Walshe
Katie Collins

8:30 am Helen Kelly
Mary O'Connor
Michael Crowley

10:00 am Fionnuala McDonagh
Mary Buckley
Fiona Kelly
Mary O'Regan
Teresa O'Driscoll
Martin O'Leary

12 Noon Ann-Marie Cosgrove
Phil Kennedy
Ellen O'Sullivan
Ursula McAuliffe
Sally Crowley
Jim Lordan

7:30 pm John O'Donoghue
Mary Dineen
Kathleen Daly
Mairead Keenan
Kay O'Sullivan

11:00 am Mary Twomey
Mona Bowen
Billy Barry
Mary Aylward
Pauline Barton

12:30 pm Maura O'Driscoll
Mary Lehane
Dympna Byrne
Suzanne Leech

5:30 pm Shelia Curran
Elizabeth O'Sullivan

Does your Spouse have Dementia?

A new study in Trinity College Dublin is looking to gain an insight into the health and wellbeing of those who care for their spouse/partner with dementia. If you are caregiver aged over 50 years and living with a partner who has Alzheimer's disease or another form of dementia you may be interested in taking part. For more information please phone Hannah Jellings or Maria Pertl on 01 896 8414

Ballincollig Tidy Towns

Ballincollig is simply the best, please help us keep it better than all the rest National Tidy Towns Competition. The adjudication for this competition is now underway since Sunday last. Ballincollig can be judged on any day from then to mid July. We appeal to all persons in Ballincollig and doing business in Ballincollig to please be aware that all efforts made to improve the appearance of the town must be sustained over a period of time rather than aiming for a specific date. Having achieved Gold Medal status over the last 2 years we are making a big effort to make that grade in 2014 as well.